



SAINTS ALIVE!

***The Parish Magazine of
All Saints' Church, North Hillingdon UB10 9BT***



March 2026

£1



**THE PARISH OF ALL SAINTS,
North Hillingdon, UB10 9BT
The Church of England
Deanery of Hillingdon & Diocese of London**

THE PARISH MISSION STATEMENT

All Saints' Church aims to be a welcoming Anglican community, a place of prayer and worship, providing a ministry to all and where people gather to share the love of Jesus Christ.

NORMAL SUNDAY SERVICES

SAID HOLY COMMUNION **8.00 am**

HOLY COMMUNION SERVICE WITH HYMNS **10.00 am**

Followed by refreshments in the Church Hall next door, at which **all (and especially any visitors)** are very welcome.

One Sunday each month: **10.00 am**
Sung Holy Communion (*in a less formal style*)

USUAL WEEKDAY TIMES

Wednesday Said Holy Communion Service **10.00 am**
(followed by tea and cake in the Hall)

Please see the Parish Website or the weekly *Parish Bulletin* on the church porch notice-board for full details or telephone the Vicarage (01895 262024).

Parish Website: www.allsaintsnorthhillington.co.uk

Facebook: www.facebook.com/ASHillingdon

Twitter / X: @ASHillingdon

Enquiries concerning Baptisms, Banns, Marriages or other parish business can be made during Vestry Hour in church, which is normally on Saturdays between 10:00 and 11.00am. Please contact Rev Ulric Gerry on 01895 262024 or allsaintshillingdon@gmail.com

A VIEW FROM THE VICARAGE



Dear Saints

Jeffery Epstein has been a lot in the news recently, along with our own hapless Prince Andrew. Politicians and leaders on both sides of the pond have been lining up to condemn all associated with them. A lot of rich and famous people are regretting their email correspondence with Epstein dating back 20 years ago. It's a wonderful illustration of Judgement Day; *"The dead were judged according to what they had done as recorded in the books"* (Revelation 20.11) or in this case, by the emails they had written.

Andrew was referred to by our press as "Randy Andy" as far back as 1978, when he was 18, so his behaviour shouldn't be a complete surprise, the sadness is he never matured and ends with such a distasteful legacy. Regarding Epstein, a senior Anglican cleric said he was disturbed by the *"moral hypnosis created by extreme wealth that allows billionaires to buy people and communities"*. Presumably the idea that money corrupts is a complete novelty to him. Our own Government minister of Safeguarding was 'downright furious' regarding the need to protect women and girls which was good, as her response to similar issues in the UK has been somewhat muted.

Epstein's sins; sexual abuse of young girls are some of the worse imaginable. He was unrepentant to the end and deserves to be vilified. But how quick we are to label others as 'sinners' and claim 'righteousness' for ourselves. That we are better than Epstein does not mean we are fit for heaven. In truth, the biblical view is that, in the eyes of God, none of us are perfect; *'All have sinned and fallen short of the glory of God'* (Romans 3:23). When Jesus asked if many will go to heaven, he responded that we should focus on our own lives rather than others. May we all seek to have purer hearts and lives and a deeper walk with our Lord this Lent, and ready ourselves for Easter.



Blessings all

Fr Ulric

EVENTS AT ALL SAINTS CHURCH

**Wednesdays at 10:30am - Coffee, Cake and Companionship
in the Hall**

March

Fridays in Lent – Stations of the Cross in Church at 6pm

Tuesday evenings – Lent Study Groups (see page 8)

3rd March at 11am - Ryefield Court Communion Service

14th March – Jon Fisher as Gary Barlow (live music night)

15th March at 10am – Mothering Sunday

29th March at 10am - Palm Sunday

April

HOLY WEEK & EASTER SERVICES

You are warmly invited to join us for our Holy Week services.

Experience the passion, death, and resurrection of Jesus through song, prayer, and reflection.



Maundy Thursday

7:30pm Mass of the Lord's Supper

Good Friday

10:00am Stations of the Cross

11:00am (approx) Walk of Witness arrives at All Saints, finishing at Hillingdon Circus with refreshments after.

2:00pm Veneration of the Cross

Saturday

8:00pm Easter Vigil

Easter Day

8:00am Eucharist

10:00am Family Eucharist



ALL SAINTS' CHURCH PROUDLY PRESENTS

JON FISHER AS GARY BARLOW

LIVE CHARITY MUSIC NIGHT

WITH A SHARE OF PROCEEDS GOING TO HOME START HILLINGDON

SAT 14TH MARCH
7.30PM-11.30PM

**ALL SAINTS CHURCH HALL,
LONG LANE, HILLINGDON,
UB10 9PE**

Tickets £15 from Lesley on 07742 326667 / lkthmp@aol.com
or Carol on 07749 415449
Bring your own drinks and nibbles



Hillingdon Heritage Membership



A new scheme giving residents and visitors a unique opportunity to explore the borough's history through exclusive benefits and immersive experiences at its historic sites has been launched.

available to regular visitors.

The Hillingdon Heritage Membership, which was introduced to coincide with Heritage Open Days, the UK's largest annual celebration of history and culture, gives members access to events and activities not

Featured venues include the Battle of Britain Bunker Exhibition and Visitor Centre, Uxbridge; Manor Farm House and The Great Barn, Ruislip; Cranford Park, Hayes and Eastcote House Gardens.

Annual costs start from £32 and advantages range from special 'member days' with dedicated access and priority booking for walks and tours, to discounts on food, drinks, and gift shop items. Members will also receive a quarterly newsletter highlighting forthcoming events.

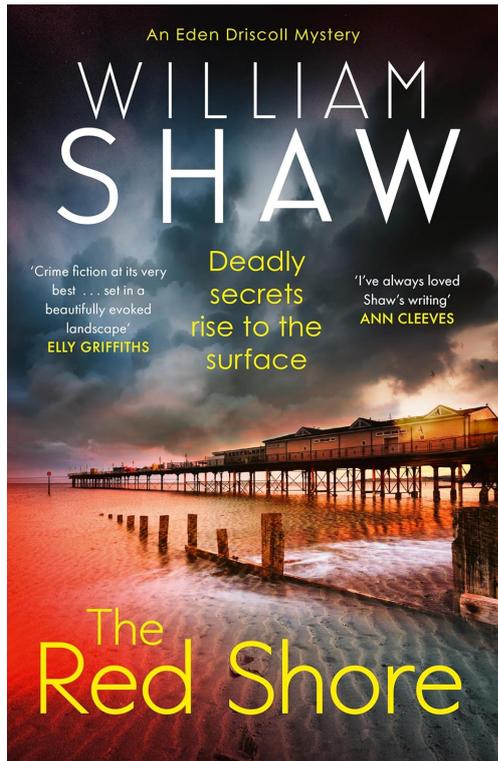
By joining, you will receive:

- Battle of Britain Bunker - One complimentary bunker tour each year, unlimited access to the visitor centre, free admission to the speaker series talks, plus a 10 per cent discount at the café and gift shop.
- Manor Farm and The Great Barn - One free guided tour of the house and tour of The Great Barn each year as part of a member day, as well as access to an expanded speaker series.
- Eastcote House Gardens - One complimentary walking tour of the site annually, along with access to exclusive speaker series talks.
- Cranford Park - Updates on events and activities in the park.

The Museum and Archives Service and new local history museum is also covered by membership, with extras including special ancestry workshops.

Anne Robinson

Book review - The Red Shore by William Shaw



I devoured *The Red Shore* in one sitting, in one day. Why? Because this book had me hooked from the beginning with a shocking opening chapter featuring a young boy who wakes up and realises, he's on a boat at sea and he's completely alone.

This is a good plot, well rounded characters and a strong sense of setting in Kent, England. I'm a fan of William Shaw's DS Alexandra Cupidi novels which started with *Salt Lane* in 2018 and are set around the Dungeness coast where I went on a school trip.

Crime writer William Shaw's latest mystery is the first in his new Eden Driscoll series and might just see him get the popularity his writing deserves. I have never understood why William Shaw is not a more well-known author like his

south coast peers such as Elly Griffiths. In fact, it's only in the last 18 months to two years that the library has started to order Shaw's books.

London detective Eden Driscoll works for the Metropolitan Police on domestic crime and organised crime. But he gets a call to say his sister is missing, presumed dead, and his nephew will go into care without a relative to take him in. Eden has no intention of upending his career or his life for a young boy he didn't know existed. But feeling a sense of duty to his sister, he travels down to the seaside town of Teignmouth, Devon, to meet his nephew and do what he can to help.

While he's staying in his sister Apple's house beside the sea, he finds the place and its residents start to grow on him. Meanwhile Eden grapples with pressure on him to take in his nephew from a firm but fair child support worker as well as every parent's challenge of getting to the school gate on time for pickup.

He also starts to get a sense that his unconventional sister might just have uncovered something that led to her death and, as a detective, that's a mystery he is drawn to and starts to unpick. But who can he trust in this insular seaside town where everyone knows everyone's business and people who seem friendly might not be all they appear.

This novel rattles along at a good pace, drawing complex characters as it goes and leaving the reader guessing. I look forward to reading more books in this promising crime thriller series.

Fiona Robinson-Morey

Lent 2026

With Lent starting, what will you do differently to mark it? Have you considered attending a weekly Lenten course? This year the Churches Together in Long Lane are joining up to provide two options:

The Long Road to Heaven – A Lenten Course Based on the Film “The Way”. This Lent resource written by Tim Heaton explores Christian understandings of salvation in a five-part study course based on the film The Way. Starring Martin Sheen as a bereaved father, this soulful and uplifting film observes a group of pilgrims walking the Way of St James to Santiago de Compostela. As it follows their journey of inner transformation, the course examines biblical accounts and images of salvation past, present and future and addresses the questions: What are we saved from? What are we saved for? Who can be saved? What do we have to do to be saved? How are we saved? If you have access to one of the streaming platforms, why not watch the film and see if it prompts you to join one of the two groups.

1. Tuesday evenings: 7.30pm hosted by Jonathan Mead at 36 Sweetcroft Lane, UB10 9LE starting Tuesday 24th for 5 successive weeks.
2. Thursdays mornings: 10am hosted by the North Hillingdon Methodist Church 260 Long Lane UB10 9PB starting Thursday 26th but then jumping to Thursday 5th.

If you don't like the sound of this then **St. John's Hillingdon** will be hosting a Lenten course "Who is Christ" which will explore different aspects of Christ's character, and see from a fresh perspective who he really is and the eternal impact that he left on the world.'

Wednesday evenings In Church Grundon Room

Available live on Zoom <https://uso2web.zoom.us/j/87211648041>

7:30pm - 9pm All Wednesdays in Lent 25th February, 4th, 11th, 18th & 25th March

Saturday mornings in the Café Area

11am - 12:30pm 21st & 28th February, 7th, 14th, 21st & 28th March

Please do join us.

Jonathan Mead

EVENTS IN HILLINGDON

Sunday March 1st, 4-5pm – Hillingdon Philharmonic Orchestra Family Concert at Winston Churchill Hall in Ruislip (booking recommended - 01895 674223).

8th March – Events all day at the Battle of Britain Bunker for International Women's Day (including special talks and music).

11th – 14th March at 7.30pm – 'Half a Sixpence' at Winston Churchill Hall in Ruislip.

13th March at 7.30pm – The Big Book Night with a number of bestselling authors at the Compass Theatre.

18th – 21st March – 'The Height of the Storm' play at the Compass Theatre.

25th – 27th March – 'Joseph and the Amazing Technicolour Dreamcoat' at Winston Churchill Theatre.

25th – 28th March – 'We Will Rock You' at the Compass Theatre.



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Top Ten Most Fragrant Flowers for Your Garden



Fragrance in the garden isn't just about choosing flowers that smell good - it's about understanding how and when those scents reveal themselves.

Temperature, time of day, and even humidity can all influence how strongly a flower's perfume carries. Many blooms, like jasmine and nicotiana, release their richest fragrance at dusk to attract night-flying pollinators, while roses and sweet peas are most aromatic in the morning sunlight.

Scent also varies by variety: not every rose, lily, or daphne smells the same. Some have citrus notes, others a powdery sweetness or spicy depth. Layering these different fragrances across your garden gives it a more dynamic and immersive feel.

The Top 10 Most Fragrant Flowers for Your Garden

Rose – The gold standard of garden fragrance, offering endless variety, long flowering seasons, and strong scent throw.

Lavender - Easy to grow, drought-tolerant, and beloved by pollinators, the scent lingers even when dried.

Sweet Pea - Renowned for their nostalgic scent and vivid colours; ideal for cut flowers.

Jasmine - Evergreen foliage and heady summer scent make it a year-round feature.

Honeysuckle - A cottage-garden classic that thrives in UK climates and attracts bees and moths.

Gardenia - Few flowers rival its luxurious perfume; perfect for greenhouses or conservatories.

Lilac - One of spring's most beloved scents, heralding the start of warm weather.

Peony - Stunning blooms, long-lived plants, and a refined, romantic scent.

Nicotiana - Adds fragrance to the twilight garden; ideal for pots and bedding.

Daphne - One of the earliest scented blooms of the year, filling the garden when little else flowers.

Designing Your Scented Garden

A well-designed scented garden balances fragrance, form, and timing.

Begin by layering scents through the seasons: daphne and hyacinths for winter, lilacs and peonies in spring, roses and sweet peas through summer, and jasmine or nicotiana for evenings.

Combine plants with complementary aromas - for example, pair lavender and roses for a classic English fragrance, or honeysuckle and jasmine for a heady evening blend.

Location matters just as much as selection. Plant near paths, windows, and patios so that their fragrance is released as you move through the space.

Finally, remember that healthy plants smell their best. Regular watering, pruning, and feeding keep flowers vigorous and scents strong.

Article originally written for the Fothergills website by Anne Robinson



Rosemary's quiz – all the answers contain the word 'hand' (Answers on Page 15.)

1. The old Brownie and Cubs Motto
2. Max Bygraves sang about it (not Tulips from Amsterdam!)
3. If he looks good, he is...
4. Part of a bike or a moustache (spelt differently)
5. Easy to hold or a composer (spelt differently)
6. Useful for a runny nose
7. Lemonde mixed with beer
8. 'For the kilted Scots' – this lively musician had a band
9. A formal greeting or 'Peace by with you'
10. The logo for Hillingdon Brain Tumour Group

World Day of Prayer



World Day of Prayer 2026

Nigeria

'I will give you rest: Come'

Our sisters in Nigeria invite us to join them for the World Day of Prayer on Friday 6 March 2026. The service they have prepared reflects on the theme, "I will give you rest."



The World Day of Prayer is an international, women-led, ecumenical movement that shares the hopes, concerns, and prayers of women from around the globe. Each year, women from a different country craft a service, sharing their unique spiritual journey and culture. For 2026, the women of Nigeria have created a service that speaks to our need for peace and solace, drawing on their faith and experiences in a world filled with struggles and anxieties.

There is a World Day of Prayer event at St John the Baptist Church at 2pm on the 6th March. All very welcome.

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Lesley's recipe of the month



Coffee and walnut traybake

Ingredients:

225g softened butter
225g light brown sugar
275g self-raising flour
2 tsps of baking powder
4 eggs
2 tablespoons of milk
1 tablespoon of coffee essence
75g of chopped walnuts

Icing:

75g of softened butter
225g of icing sugar
2 teaspoons of milk
2 teaspoons of coffee essence
walnuts to decorate

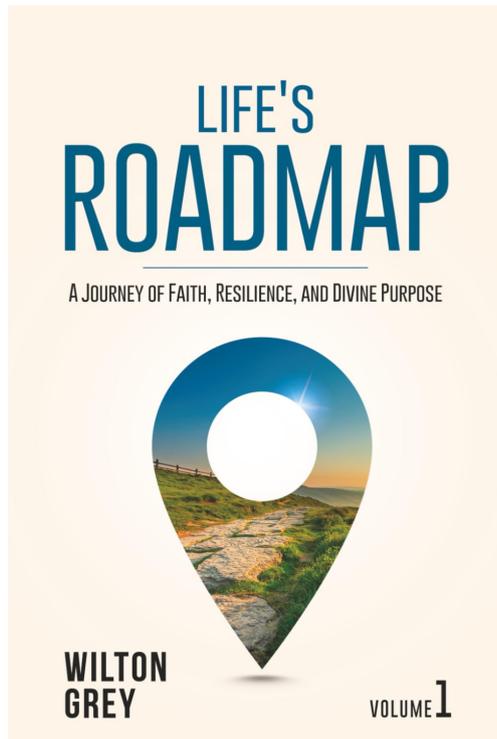
Method

1. Preheat the oven to 180f or 160 fan and line a 12 x 9 inch baking tin.
2. Put all of the cake ingredients, apart from the walnuts, in a bowl and cream together until light and fluffy - then fold in the walnuts.
3. Put into the baking tin and into the oven for 35-40 minutes, test with a skewer if it comes out clean the cake is cooked.
4. Leave to cool in the tin for 5 minutes then turn out.
5. Once cool, mix all of the icing ingredients together apart from the walnuts and spread over the cake and decorate with the walnuts.
6. Instead of coffee essence, I just dissolve a tablespoon or teaspoon of instant coffee in the same quantity of hot water which works just as well.

This is probably the most popular cake that I serve at the Wednesday coffee mornings and seems to be every one's favourite.

Lesley Thompson

Book Review – Life’s Roadmap by Wilton Grey



This is unashamedly a plug for Wilton’s book – Wilton hires our main hall every Sunday afternoon between (1-3pm) - he leads the congregation of the Remnant Church of God in worship.

‘Life’s Roadmap: A Journey of Faith, Resilience, and Divine Purpose’ is an inspirational book by Wilton that chronicles his personal journey and provides a message of hope and perseverance.

The book explores the essential elements required to live a life filled with purpose, freedom, and "unshakable hope". It addresses the common challenges that test an individual's strength, faith, and inner compass, specifically during moments of deep brokenness or personal questioning.

Key themes and takeaways from the book include:

A Journey of Resilience: The narrative recounts Wilton's path from brokenness to "triumphant victories," highlighting the role of courage and divine guidance.

The Power of Hope: He emphasises that as long as a person has breath, they have hope, and their past does not define them.

Preparation through Struggle: A central message of the book is that personal struggles do not define a person but rather prepare them for the life they were created to live.

Call to Action: Through faith and perseverance, Wilton encourages readers to rise, change, and embrace their divine purpose.

Wilton’s book is available as a paperback, via Amazon.

Peter Turner

Don't forget to fill out an Electoral Roll form before the APCM in April if you didn't do one last year!

Puzzle Page

March

G	M	O	T	H	E	R	S	D	A	Y	P	Y	V
S	T	P	A	T	R	I	C	K	R	D	Q	G	T
W	H	A	L	E	N	T	I	S	E	K	E	Y	M
I	O	W	D	E	A	D	I	V	A	D	T	S	U
O	Y	R	R	B	H	A	E	F	D	G	L	S	D
U	U	A	L	S	D	R	Q	W	I	D	T	G	M
D	N	L	R	D	N	G	U	R	N	H	R	T	N
E	R	K	D	S	B	D	I	G	G	N	K	V	Y
P	Y	A	D	E	S	O	N	D	E	R	H	Y	E
C	R	U	F	T	S	D	O	G	S	H	O	W	K
E	U	P	M	E	T	I	X	K	S	R	O	G	N
R	D	P	A	L	M	S	U	N	D	A	Y	R	O
L	O	N	G	E	R	D	A	Y	S	A	C	D	D
S	P	R	I	N	G	M	S	W	Y	O	Y	U	N

STDAVID
CRUFTS DOG SHOW
LENT
READING
LONGER DAYS
RED NOSE DAY
SPRING
DONKEY
STPATRICK
EQUINOX
WORLD BOOK DAY
MOTHERS DAY
PALM SUNDAY

Play this puzzle online at : <https://thewordsearch.com/puzzle/9424893/>

Answers to Rosemary's Quiz

1. Lend a hand
2. You need hands
3. Handsome
4. Handle bars
5. Handle or Handel
6. Handkerchief
7. Shandy
8. Jimmy Shand
9. Hand shake
10. Two hands holding a brain



Providing residential, dementia and respite care our purpose-built care home in Hillingdon, Uxbridge is spacious and luxurious with several dining areas, luxury hair and nail salon, private cinema and relaxing Bistro. It's the perfect place to enjoy life and entertain friends and family.

We are focused on the happiness of each and every one of our residents and ensuring they make the most of the wonderful facilities on offer at Ryefield Court. This includes a full and varied timetable of activities for all to enjoy. Our priority is to deliver the best care possible. Tending to each individual's desires and needs and our wonderful staff are always on hand to deliver outstanding care.

**To learn more about life at Ryefield Court or arrange a visit contact Tim Woolford
our Customer Relations Manager**

01895 707 106 tim.woolford@berkleycaregroup.co.uk



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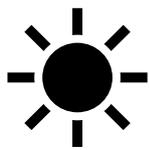
Answers



This space could be working for **your** business. Our Magazine also appears on the Parish Website – www.allsaintsnorthhillin.gdon.co.uk

For advertising rates, please contact
Rev. Ulric
ulricgerry@icloud.com

Punny Plaice



Be kind to your dentist.
He has fillings too.

The Editorial team for Saints Alive is Anne Robinson (Editor), Jane Turnbull (Print and Distribution) and Lesley Thompson.

Articles for the February magazine need to reach us by **Sunday 22nd March** at saintsalive.editor@gmail.com

Have **you** got an item to share with our readers? We need more contributions to keep the magazine going. Could **YOU** provide an article? Or a photo for our front cover?



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SAINTS ALIVE! is the Parish Magazine of All Saints' Church, North Hillingdon UB10 9BT and is published eleven times annually, with a two-month edition over the summer.

Any opinions expressed in articles in *Saints Alive!* do not necessarily reflect the views of the Editor or of the Parochial Church Council of All Saints.



ALL SAINTS' TILLINGDON