



SAINTS ALIVE!



***The Parish Magazine of
All Saints' Church, North Hillingdon UB10 9BT***



June 2025

£1.



THE PARISH OF ALL SAINTS, NORTH HILLINGDON
UB10 9BT

THE CHURCH OF ENGLAND

Deanery of Hillingdon & Diocese of London

THE PARISH MISSION STATEMENT

All Saints' Church aims to be a welcoming Anglican community, a place of prayer and worship, providing a ministry to all and where people gather to share the love of Jesus Christ.

Normal SUNDAY Times

Said Eucharist **8.00 am**

SUNG PARISH EUCHARIST

with Children's Corner **10.00 am**

*followed by refreshments in the Church Hall next door,
at which **all (and especially any visitors)** are very
welcome.*

One Sunday each month:

Sung Parish Eucharist *in a less formal style* **10.00 am**

Usual HOLYDAY & WEEKDAY Times

The Parish Eucharist on Holydays & Feastdays **7.30 pm**

On weekdays Wednesday **10.00 am**

Please see the Parish Website or the weekly **Parish Bulletin** on the church porch notice-board for full details or telephone the Vicarage (01895 262024).

Parish Website: www.allsaintsnorthhillington.co.uk

Facebook: www.facebook.com/ASHillingdon

Twitter / X: @ASHillingdon

Enquiries concerning Baptisms, Banns, Marriages or other parish business can be made during **Vestry Hour** in church, which is normally on Saturdays between 10:00 and 11:00. No appointment is needed.

A VIEW FROM THE VICARAGE



Dear All Saints,

A recent headline from the Times newspaper; “No sex, no booze, we’re off to church; Gen Z have found God”. In the UK there is a quiet resurgence of young people going to church, particularly young men aged 18–34. Why?

Some are searching for meaning in a secular world: Joshua Steel, 23 “I found a great sense of peace that I can’t find anywhere else” after attending Catholic Mass. Dan Williamson, 26, expressed an “ache” for something “deeper and ancient and more rich”.

Church attendance is also documented to improved mental health, and give a stronger sense of community, especially to men, who struggle otherwise to make social connections.

Public figures, like Bear Grylls, rapper Stormzy and footballer Bukayo Saka have normalized being religious, helped by social media posts on TikTok and Instagram.

Finally, there is a desire for tradition and ritual: Father Stephen Langridge “traditions are consoling in a world where everything seems to be transient”.

Journalist Elena Attfield observed a shift in church demographics: “Now if I go to a young adult gathering it seems as if most of the people there are converts so I do believe there is some kind of revival happening”.

As our society drifts away from its Christian roots into darkness, the light of Christ becomes more attractive. The Church, Christ’s body on earth, is a spiritual body that has existed for two thousand years, and will always be here, grow and prevail. All we need to do is to see what the Lord is doing and say ‘yes’.



Every blessing for this month of June

Fr Ulric Gerry

Articles for the **July/ August 2025** double issue need to reach the Editor by **Sunday 29th June 2025** saintsalive.editor@gmail.com
We will be very pleased to have some new items for the next edition.

Please don’t forget to mention SAINTS ALIVE! when you contact any of the advertisers in this month’s edition. It makes a difference.

EVENTS AT ALL SAINTS CHURCH

**Wednesdays at 10:30am - Coffee, Cake and Companionship
in the Hall**

Wednesday Service at 10am - Rev. Ulric Gerry

Sunday Service at 8am and 10am - Rev. Ulric Gerry

June

Tuesday 10th June at 11am - Ryefield Court Communion Service

Sunday 8th - *Pentecost*

Sunday 15th - *Trinity Sunday*

Sunday 22nd - *Corpus Christi and 'NHWS Sunday'*

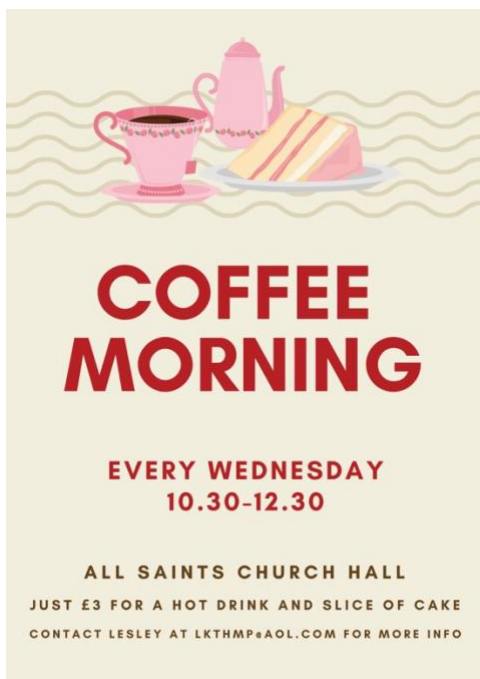
Sunday 29th - *Saints Peter and Paul*

July

Tuesday 1st July at 11am - Ryefield Court Communion Service

Saturday 5th JULY- All Saints' Summer Fete

Sunday 20th - Dedication Lunch and 'NHWS Sunday'



Happy 1st Birthday to our Wednesday Coffee Morning.





St. Helen's College

Parkway, Hillingdon, Middlesex, UB10 9JX
Independent School for boys and girls aged 2 - 11



**Come And See EXCELLENCE
In Action**

Please telephone **01895 234371** to make an appointment
www.sthelenscollege.com

Sacristans Vacant



Good Luck Ann Tutton, with the smiling face:
maybe you can fill the back page space.

Helping at Sunday School, collecting coloured leaves.
With the strong winds, not many left on the trees.
Back in the Hall, they made a picture to display,
Then time for a story, a song and pray.

A friend asked Ann to be a godmother to her daughter.
Now, that gold jug holds a lot of water.
During the ceremony, the water poured into the Font
"to pour it over her head". "Is that what you want?".
No, we use a sea-shell for that. It's a good job.

With the Vicar she had a chat after her first husband, Terry Western, had died.
Up at the Salvation Army, with a tambourine, she tried
musically. That did not fit her plan.
But she met Eddie, a Silver Band man.
They remembered their childhood and times of the past.
They married; she became Mrs Eddie Tutton, and happy again at last.

As Parish rep. for Women's World Day of Prayer,
she spent many hours sorting little pots of pretty flowers
to go on the tables at cup of tea time,
and thinking what poem she could write in rhyme.
But W.D.of.P. was cancelled by ice and snow,
and her little flower pots to the Hall couldn't go.
Her poem included "Lock Down" as a heading
and that Covid everyone had been dreading.

Her articles for *Saints Alive!* arrived at the editor's table
and jobs as "a Sacristan" she did what she was able;
prepare Sunday hymn boards, for her an easy task,
but, did she fit that High Altar lamp? Don't even ask!!

Visiting Eddie in Care made her sad,
meeting me on U2 bus made her glad.
"Come with me" I'm going in to the big Hall
as Ann and Peter Bennett had come from Cornwall.
With "travel assisted" British Rail carriage
they had come to celebrate 50yrs marriage

and Ken Marriott's 90th Birthday afternoon tea. She shared her memories with the Vicar (Fr. Desmond) and Buckingham family. Former neighbours, they had seen the Marriotts grow and lots of them by name, Ann did know.

From Hillingdon, Ann has now moved to near Salisbury and into care near her daughter. She is settled, happy and contented there.

The son of the vicar that christened me at St Peter and St Paul, Harlington, Middlesex, grew up and became Bishop of Salisbury.

Rosemary Bounden



There are many reasons to visit your local library including free access to books, information, digital newspapers and magazines, entertainment, and warm community spaces.

At **Oak Farm Library**, on the corner of Long Lane and Sutton Court Road, their weekly activities include a popular reading group, free exercise classes for the over 65s, and 'Dementia Friends Reminiscence' sessions (Thursdays).

Ask a member of staff for more information or give them a call on **01895 556242**.

Opening times:

Mon, Thurs (late opening) 10am to 7pm

Tues, Weds, Fri 10am to 5pm

Sat 10am to 4pm

Sun CLOSED

What's on... at Oak Farm Library
Adult Offer

IT Taster Sessions
On demand, please contact staff to book a session.

Monday South Asian Dance Class (*2nd Mon of month*)
11-midday and 12-1

Tuesday Strength and Balance Exercise Class
11:35-12:20pm and 12:20pm-13:00pm

Wednesday Scrabble 11-1pm
Knit and Crotchet Group 1-3pm

Thursday Sit Down Exercise 11-midday and 12-1pm
Dementia Friends Sessions 2-3pm

Friday Coffee Mornings 10.30-12pm (*Alternate Fri*)
Knit and Crochet Group 11am - 1pm
Men's Cancer Support Group 1-2pm (*Last Friday of the month*)
All Male Games Group 2-3pm
Women's Cancer Support Group 2-3pm (*Last Friday of the month*)

For more information please speak to a member of staff or visit www.hillingdon.gov.uk/libraries.

 www.hillingdon.gov.uk/libraries

Tea, Coffee & Fellowship on Sunday

Coffee in the hall after the 10am Eucharist on Sunday is enjoyed by a large proportion of the congregation. The hall is warm and welcoming and everyone enjoys the company of others over a coffee or tea and quite often birthday celebrations.

All the money goes to Helen & Douglas House, the world's first children's hospice. Helping families cope with the challenges of looking after terminally ill babies and children.

As of Sunday 7.4.24 to Sunday 30.3.25, the total amount raised this year is £898. 91.

Thank you to: Sheila & Pat, Jonathon & John, Anna & Brian, Sue & Lynda, and Anne for all your help. Some of you have full time jobs and your help is much appreciated.

Marion Robinson

Colleen's Mayoral Year



I would like to share with you my thoughts and reminisce on my Mayoral Year. But before I wax lyrical I would like to start with a quote.

“Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it.”

I've had the most incredible year serving as the Mayor of Hillingdon and for the honour, the privilege and a feeling of great pride to be the First Citizen of the Borough. The Mayoral role has not only challenged me but allowed me to grow, to learn, to celebrate my strengths, offering empathy, support and making meaningful contributions. The Mayoral year has been a humbling experience and I have

made many friendships during my time as Mayor from all walks of life. I have met many remarkable young people, university students, volunteers, social groups and the ever youthful 100 year olds and have learned something from each one of them. The true privilege of being a Mayor is that I have the opportunity to be everyone's neighbour.

I would like to share with you some of the Civic Ceremonies, visits to the Mayor's Parlour and Events I've had the privilege and honour to attend.



London Mayors Dedication Service at Westminster Abbey, St Paul's Cathedral, Polish War Memorial, laying wreaths on D-D 6th June, Remembrance Sunday, Cherry Lane Cemetery to commemorate the 80th anniversary of the tragedy at the EMI and Covid Memorial Day. Flag raising to honour Armed Forces Day, Emergency Services Day, Commonwealth Day, Ukraine flag to mark the third anniversary, Whittington Walk and the Harvest Festival with the Pearly Kings & Queens a day to remember.

I have welcomed to the Mayors Parlour Visits from various schools, Youth Council, Brunel Ready Programme, University Students, Elite Study Students from Spain, Chamber of Commerce, Volunteers, Youth Organisations, 'Thank you Event' to Staff, Charity Groups and many more.



There have been many wonderful events I've attended too many to mention but here is a brief outline. Opened schools, Restaurants and Shops, School Summer fetes, Family Fun Days, Church Bazaars, supported local religious events, switched on Christmas lights, various Christmas activities, Picnic in the Park, Charity events, 100th Birthday Parties and the First Pancake Race ever. My love of music and the arts was pandered to with various theatre visits where young musicians in our community showcased their remarkable talents as did the young actors and did the well seasoned actors, it has been a joy to champion Music & the Arts.

I've had busy and exciting year full of wonderful vibrant events and I have fulfilled my resolve during my Mayoral year to work with young people through schools, colleges, youth organisations and with volunteers, community groups and to form new friendships, partnerships and highlight the fascinating history of this great borough and how we can all play a part in its past and its future.



As my Mayoral year draws slowly to a close, I would like to reiterate on a year filled with many cherished memories, community connections and a feeling of great pride of the many achievements.

In closing may I leave you with this quote which sums up the Mayoral year for me: 'Your resilience is your humanity, to yield and not break that is incredible strength'. Having said that I hope I have done justice to the Mayoral role and made the people of Hillingdon proud.

Cllr Colleen Sullivan



SUMMER FETE



Saturday 5th July
12pm to 3pm



ALL SAINTS CHURCH HALL AND GROUNDS

£1 ENTRY



JOIN US FOR LOTS OF FUN!

- bouncy castle •
- BBQ •
- homemade cakes •
- bottle tombola •
- games •
- books •
- raffle •
- plants •
- and much more!



Your Garden in June



Summer is a great time to enjoy your garden and boost well-being.

You might consider a *Sensory Garden*: an area in your outdoors dedicated to engaging all 5 senses. This can be done through landscaping and including plants with certain scents and textures in an area of your garden to maximise the way your senses engage with the space.

Sight - choose plants with light, cool tones to create a space to relax. Whites, purples and greens will create a calm and soothing space. You might like to add lighting to create a safe, warm atmosphere, allowing you to enjoy your sensory garden long into the evening.

Smell - choose various aromatic plants. Scented herbs, like fresh spearmint, chamomile, thyme, planted in a hanging basket or beside paths, will send aromas across your garden. White hydrangeas and purple lavender planted together will complement one another, as well as attract pollinating insects like bees and butterflies to add another layer.

Sound – tall grasses will rustle, flowers will attract pollinators, water features provide sound and may attract small birds, and a gravel or pebble path adds sound and texture.

Touch - Did you know that physically touching grass can help ground you and reset your mind? And choose plants with 'soft' or textures leaves or stems – but beware of irritant or toxic plants.

Taste – Don't forget the fruit, veg and herbs.

Jane Turnbull

A Friday to Remember at Ryefield Court Care Home



On the afternoon of Friday 9th May, Ryefield Court Care Home hosted a wonderful Garden Party to mark two very special milestones — the 9th anniversary of Ryefield Court and the outstanding news of the latest CQC inspection result: a proud 'GOOD' rating.

Celebrations were made even more special by the presence of Guest of Honour, the newly appointed Mayor of Hillingdon, Councillor Philip Corthorne, accompanied by his wife Fiona. We were also pleased to welcome Councillor Colleen Sullivan to the event.

The garden came alive with the sounds of laughter and conversation as residents, staff, families, and local community friends gathered to enjoy a delicious BBQ, lovingly prepared by Head Chef Matt and his team. Entertainment was in full swing with a fantastic performance by singer Caron, who kept everyone singing along and smiling throughout the afternoon. The Mayor graciously joined in the festivities, cutting our birthday cake before Home Manager, Madge Wang, proudly revealed the homes' new CQC 'GOOD' rating banner.

Just when we thought the day couldn't get any better, we were surprised by a lively troupe of Brazilian dancers who brought incredible energy and colour to the celebration — even leading an impromptu conga line around the garden that had everyone joining in.

A heartfelt thank you goes out to everyone who made the day such a success — from the dedicated team working tirelessly behind the scenes, to the many guests who came to celebrate with us.

We are truly proud of this achievement, and deeply grateful for the warmth, joy, and community spirit that filled Ryefield Court on this unforgettable day.

Tim Woolford – Customer Relations Manager

Lesley's Recipe of the month

CORONATION CHICKEN

Ingredients:

Cooked chicken diced 300g
120g Mayo
120g Plain Yogurt
2 tblsp mango chutney
40g sultanas
2 or so chopped spring onions
30g flaked almonds
1 large tbsp curry powder
Squeeze of lemon juice
Chopped coriander (optional)

Method:

Mix the mayo, yogurt, chutney, curry powder and lemon juice in a large bowl (quantities just approx. depending on how many you are feeding). Add salt and pepper to taste, set aside. Mix chicken, almonds, onions, coriander if using and the sultanas. Then add to the sauce mix and combine. This can be used in many different ways, to serve with a jacket potato, with rice as a dinner, or part of a buffet or in sandwiches. I also sometimes add desiccated coconut - it's a recipe you can play around with to suit your own taste buds but is always delicious and a great hit with everyone.

Save the date!



Ready to be a life-changer?

Join us for our first Afternoon Tea for Breast Cancer Now.

Friday 15th August. 2.30-5.30pm (TBC)

Vicarage Garden (weather permitting) or Church Hall.

Puzzle Page

june

S B A R B E Q U E S L N J B I I I
X P F V T T S E L D N A S U L S U
S V A E T N O O N R E T F A K R S
D E Q F J H I I W M T C F T U S N
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G O A E T I E B I G V Y M A A J C
B M P Y C S O P S I N G I N G M Q
Q L L E Y R B E A C H E S H N Z C

afternoon tea	sandwiches	cappuccino	cut grass
barbeques	wildlife	solstice	picnics
beaches	singing	sandles	parties
garden	summer	birds	happy
warm	tea		



Providing residential, dementia and respite care our purpose-built care home in Hillingdon, Uxbridge is spacious and luxurious with several dining areas, luxury hair and nail salon, private cinema and relaxing Bistro. It's the perfect place to enjoy life and entertain friends and family.

We are focused on the happiness of each and every one of our residents and ensuring they make the most of the wonderful facilities on offer at Ryefield Court. This includes a full and varied timetable of activities for all to enjoy. Our priority is to deliver the best care possible. Tending to each individual's desires and needs and our wonderful staff are always on hand to deliver outstanding care.

**To learn more about life at Ryefield Court or arrange a visit contact Tim Woolford
our Customer Relations Manager**

01895 707 106 tim.woolford@berkleycaregroup.co.uk



Ryefield Court Care Home
Ryefield Avenue
Uxbridge UB10 9DE

Answers

june

S	B	A	R	B	E	Q	U	E	S	L	N	J	B	I	I	
X	P	F	V	T	T	S	E	L	D	N	A	S	U	L	S	U
S	V	A	E	T	N	O	O	N	R	E	T	F	A	K	R	S
D	E	Q	F	J	H	I	I	W	M	T	C	F	T	U	S	N
P	N	H	C	N	Q	Z	Y	H	J	Y	U	B	C	N	D	Z
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C	Q	R	V	F	Z	T	A	F	C	J	F	O	R	M	E	A
G	O	T	T	I	E	B	I	G	V	Y	M	A	A	J	C	
B	M	P	Y	C	S	O	P	S	I	N	G	I	N	G	M	Q
Q	L	L	Y	R	B	E	A	C	H	E	S	H	N	Z	C	

afternoon tea / sandwiches - cappuccino / cut grass
 barbeques - wildlife - solstice - picnics
 beaches - singing - sandles - parties
 garden - summer - birds - happy
 warm / tea

This space could be working for **your** business. Our Magazine also appears on the Parish Website – www.allsaintsnorthhillington.co.uk

For **2025** advertising rates, please contact
 Rev. Ulric ulricgerry@icloud.com



Punny Plaice



I stayed up all night to see where the sun went.
 Then it dawned on me.

Have **you** got an item to share with our readers?
 We need more contributions to keep the magazine going.
 We'd also love to have another regular feature like the
 Book review or Theatre critic.
 Could **YOU** provide an article? Or a photo for our front cover?

Please send anything to saintsalive.editor@gmail.com



HAVEN

Funeral Services.

Our dedicated teams at our Acton, Hayes, Hillingdon and Northwood Hills funeral homes are committed to creating tailored funerals that reflect the unique life of your loved one. We can be contacted 24 hours a day, by telephone, and are here to discuss your needs. Or if you prefer, we can visit your home to discuss funeral arrangements.

**390 Long Lane, Uxbridge UB10 9PG
01895 540154**

ALL SAINTS' CHURCH
NORTH HILLINGDON, MIDDLESEX UB10 9BT
PARISH DIRECTORY

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Sacristans	<i>Vacant</i>	

SAINTS ALIVE! is the Parish Magazine of All Saints' Church, North Hillingdon UB10 9BT and is published eleven times annually, with a two-month edition over the summer.

Any opinions expressed in articles in Saints Alive! do not necessarily reflect the views of the Editor or of the Parochial Church Council of All Saints.

